





<sup>1</sup> Again the Israelites did evil in the eyes of the Lord, so the Lord delivered them into the hands of the Philistines for forty years



### be humble

acknowledge sin

be open anticipate grace

<sup>2</sup> A certain man of Zorah, named Manoah, from the clan of the Danites, had a wife who was childless, unable to give birth. 3 The angel of the Lord appeared to her and said, 'You are barren and childless, but you are going to become pregnant and give birth to a son.



### be humble

acknowledge sin

be open anticipate grace

<sup>4</sup> Now see to it that you drink no wine or other fermented drink and that you do not eat anything unclean.



### be humble

acknowledge sin

be open

anticipate grace

be patient

implement truth

<sup>5</sup> You will become pregnant and have a son whose head is never to be touched by a razor because the boy is to be a Nazirite, dedicated to God from the womb. He will take the lead in delivering Israel from the hands of the Philistines.'