

# Ephesians 6.<sup>10-20</sup>

## Be bold, be strong!



*“Be bold, be strong,  
for the Lord your  
God is with you.  
Be bold, be strong,  
for the Lord your  
God is with you.  
I am not afraid  
(No! No! No!)  
I am not dismayed  
(Not me!)  
For I’m walking in  
faith and victory;  
Come on and walk  
in faith and victory,  
for the Lord your  
God is with you!”*

### The Bible is full of stories of adventure!

God is very strong! And He often uses *weak* people to defeat strong people who’d been making life rotten for others.

People like Moses, Joshua, Deborah, Gideon, Samson, David ... and, well, just lots and lots of others.

**My favourite adventure story in the Bible is**

.....  
.....  
.....  
.....  
.....



***“Finally, be strong in the Lord and in His mighty power ...” (Eph.6.10)***

Most of us aren't really *that* strong!

And we soon discover that there are things we just don't have the power to do.

We need God to give us *His* strength and for *Him* to be working in us and through us.

That's how Paul wanted the believers at Ephesus to live – getting their strength from God, and learning how to draw on *God's* great might.

**“Thanks be to God! He gives us the victory through our Lord Jesus Christ!”**



**Find a Bible and fill in the missing words in the verses below (in each case the letters you need are in red in the brackets!) –**

“Since the children have flesh and blood, Jesus too shared in their humanity so that by His \_\_\_\_\_ (HATED) He might \_\_\_\_\_ (ED STORY) him who holds the \_\_\_\_\_ (PE ROW) of death – that is, the \_\_\_\_\_ (LIVED) – and \_\_\_\_\_ (REEF) those who all their lives were held in slavery by their \_\_\_\_\_ (A REF) of death” (Heb.2.14-15)

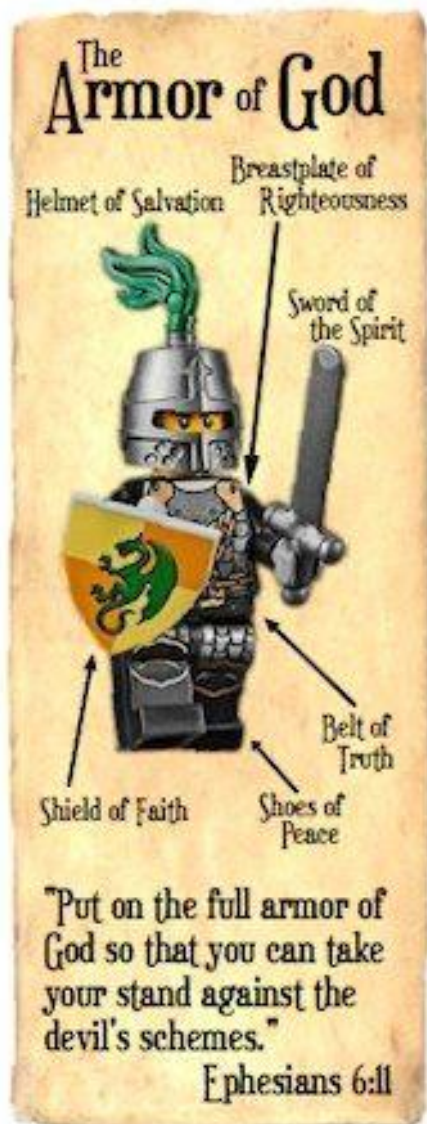
# “Put on the full armour of God ...” (Eph.6.11)




You need to be dressed properly for whatever it is you're doing!

Here are some different activities.

In the box alongside each, write down what you think you should be wearing.

If you're going out to fight a battle you need to be properly dressed too!



What are the 6 bits of armour Paul mentions?

- 1) **B** \_ **L** \_
- 2) **B** \_ **E** \_ **S** \_ **P** \_ **A** \_ **E**
- 3) **S** \_ **O** \_ **S**
- 4) **S** \_ **I** \_ **L** \_
- 5) **S** \_ **O** \_ **D**
- 6) **H** \_ **L** \_ **E** \_

# Now ....

think what wearing each bit of armour might mean for you as you trust in Jesus –

Breastplate of Righteousness

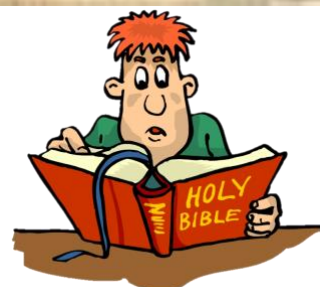
Belt of Truth

Shoes of Peace

Shield of Faith

Sword of the Spirit

Helmet of Salvation



# Prayer

“.. and pray in the Spirit ...”

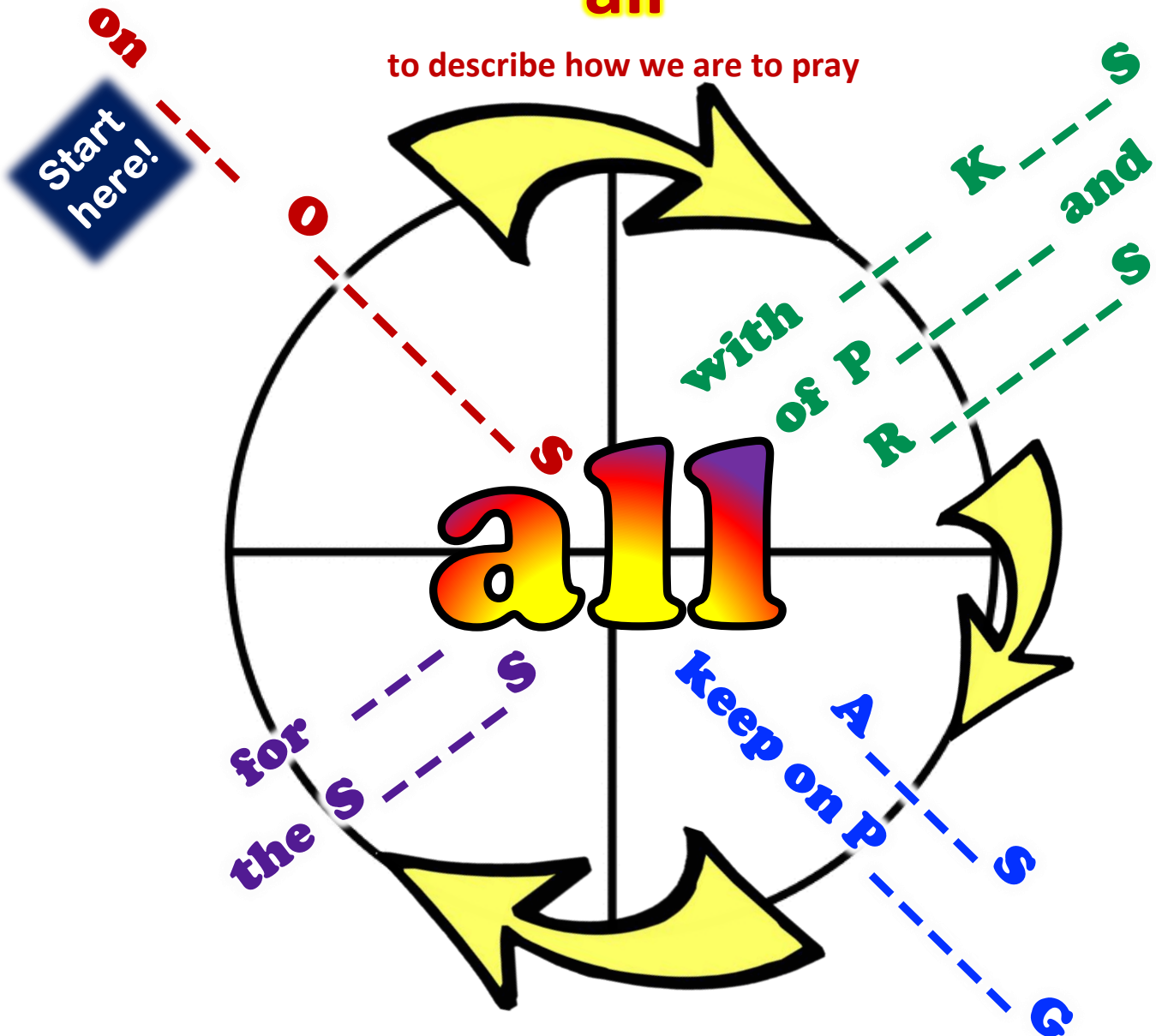
(Eph.6.18)

Look at v.18.

Fill in the four times Paul uses the word

‘all’

to describe how we are to pray





When we pray, we are asking the Lord to use His power to work in the lives of the people we pray for. And the Lord has **mighty power!**

**Write the names of people you will aim to pray for**

.....

.....

.....

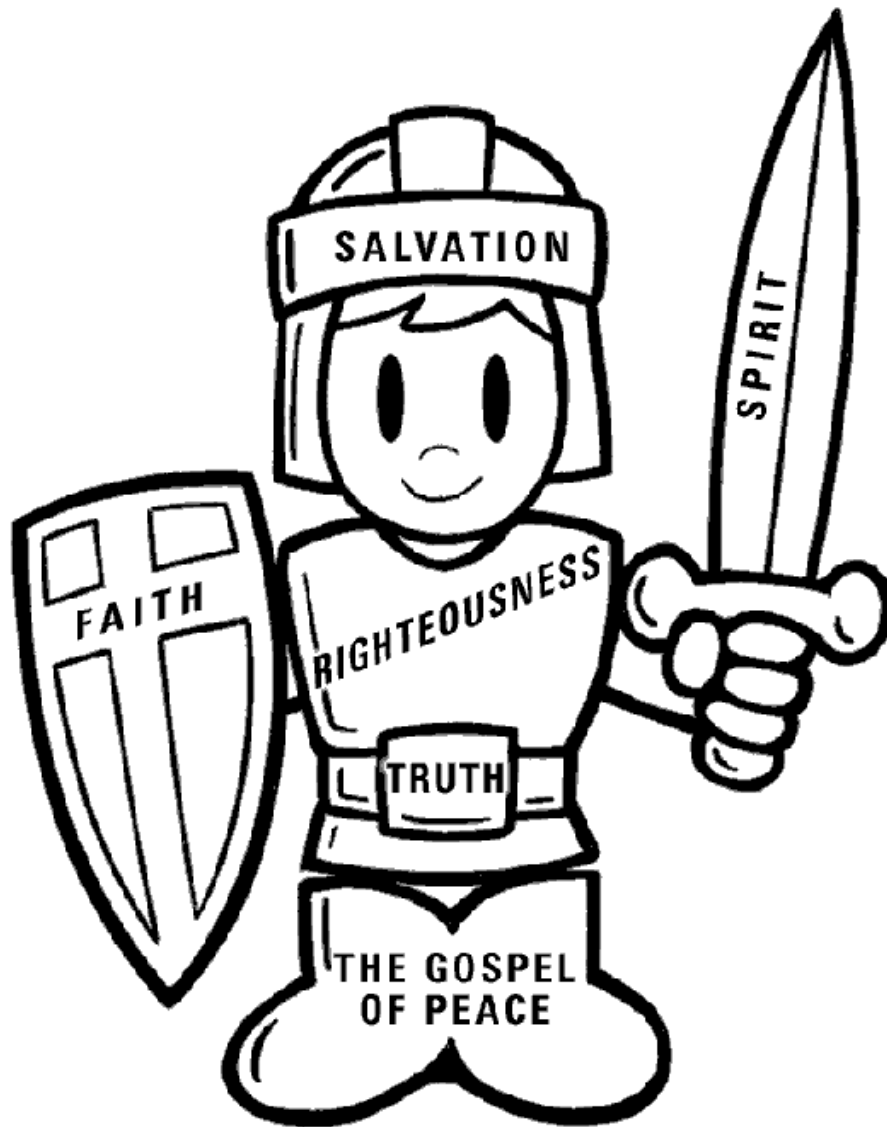
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# A picture to colour in

## Armor of God



Ephesians 6:11-18

# ... and a Word Search!

## The Armor of God

Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Ephesians 6:13

Based on Ephesians 6:13-17



Z N B Y Y D L A A S E Y G Y I  
B G Z N R S Y F H P H V D O R  
J B N O W B M F B W E I I Y D  
U O W D Y H U H U P A A E L J  
X S P M E F E E T L M I C L B  
S T A N D V G L H W L X S E D  
S U K M P J A M R F Y V N T D  
A D B U C K L E D L Q C N G Q  
L N M N N H A T M A E Y S O A  
V D U D B W H J T M J E Y S A  
A I O T X E W F F I D S M P R  
T P Y W P R L M A N L U Q E R  
I K A R M O R T I G J D P L O  
O U P B R E A S T P L A T E W  
N N S P I R I T H M C T U J S

HELMET	ARMOR	SPIRIT	SWORD	STAND
WAIST	SALVATION	BELT	FEET	FAITH
FULL	GOD	EVIL	FLAMING	PEACE
GOSPEL	BREASTPLATE	SHIELD	BUCKLED	ARROWS

**Try &  
remember  
this verse!**



**“Finally, be strong in the Lord  
and in His mighty power”**

**(Eph.6.10)**