

Acts of service

Below are some ideas for acts of service. Hopefully as you read them you will think of lots of your own. It's hard at the moment because we are stuck with the same people because of current lockdown restrictions. Use this as a chance to show those you live with how much you love them and are grateful for them, and use it to show others that they matter too. We can't hug people that we don't live with at the moment (and I know loads of you wish you could hug your grandparents!) and we can't hold doors open for people in shops or school either but there are LOADS of ways we can serve others and show them that they matter and show them the love of Jesus this way. I've left some spaces at the bottom for you to add your own ideas.

- *Set the table for a meal*
- *Make someone else's bed*
- *Tidy someone else's room*
- *Take out the rubbish bin*
- *Pick up your toys and put them away at the end of the day*
- *Empty the dishwasher and put any dirty dishes you see in it OR wash/dry the dishes*
- *Put away the laundry*
- *make your grown up a drink (if you aren't old enough or aren't allowed to use the kettle then take them a cold drink!)*
- *help your grown up at meal time e.g. go in to the kitchen and ask "how can I help?" rather than waiting to be asked and then do what you are asked to do willingly and with a smile!*

- make snacks for everyone (if you can bake – GREAT! If not, get an older person to help you or use something from your cupboard that would be nice for snacks)
- read a story yourself or read to your younger brother/sister in the morning to let your grown up have a lie in (even for 5 mins)
- make your bed and put away your Pyjamas in the morning
- phone or write to a relative or friend that you haven't seen for a while and tell them what you've been up to eg what you learnt at school, what your favourite thing to eat this week was, what book you're reading, anything!
- try not to say 'no' all day when you are asked to do something. Instead say "sure" and smile.
- Say "thank you for....." when someone does something that you appreciate e.g. making your meals, bringing you whatever you asked them to get for you (remember to say please first!).

Be specific if you can rather than just saying "thank you"

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