

2 Timothy 3.14-17

the Bible

going bananas ..

How much do you know about bananas?

Some of the statements below are true, but some are false.

Put a **T** beside those you think are true & an **F** beside those you think are false

bananas



- 1 Bananas are the perfect food for athletes.
- 2 A bunch of bananas is called a 'bundle'
- 3 The name 'banana' comes from the Arabic word 'banan' (finger)
- 4 Bananas are classified as berries, whereas strawberries aren't
- 5 The Latin name for the banana means *the fruit of the wise men*
- 6 Eating a bruised banana can cause a rash on your cheek
- 7 Leather handbags and shoes can be polished with banana peel
- 8 Green bananas are called 'grenolas'
- 9 Eating bananas may help improve your blood sugar levels
- 10 Peeling and eating 11 bananas in a minute is the world record
- 11 Bananas are good for your digestive system
- 12 Eating bananas can be really good for your heart condition
- 13 Bananas are a great way of soothing an upset stomach
- 14 A medium sized banana contains 300 calories
- 15 Bananas contain an amino acid which helps you sleep better

You can check how you did by going to the back page.

(Don't cheat!)

See if you can find out why bananas can be good for you – and what may be not so good for you about them!



today's passage

Today's passage is about the Bible, not bananas!

But .. the Bible is *like* bananas in some ways.

- Bananas are one of the most nutritious foods you can eat: as bananas gives your body much of what it needs, so **the Bible feeds and nourishes your spirit.**
- When bananas are grown on trees most bunches have around 100 bananas: **the Bible is a 'bunch' of 66 books, each of which is good 'food' for us!**
- Just as most of us peel the skin of a banana back to get to the fruit, so **it's important to 'peel' back the surface of a passage in the Bible and get the benefit of its message.**
- Bananas are a great 'snack' – easy to carry with you and a healthy way of keeping your strength up through the day: **the Bible is easy to carry with you & through the day it's good to 'chew' over a passage you've been reading!**

Read

2 Tim.3.¹⁴⁻¹⁷

¹⁴ But as for you, continue in what you have learned and have become convinced of, because you know those from whom you learned it. ¹⁵ and how from infancy you have known the Holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus. ¹⁶ All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, ¹⁷ so that the servant of God may be thoroughly equipped for every good work.

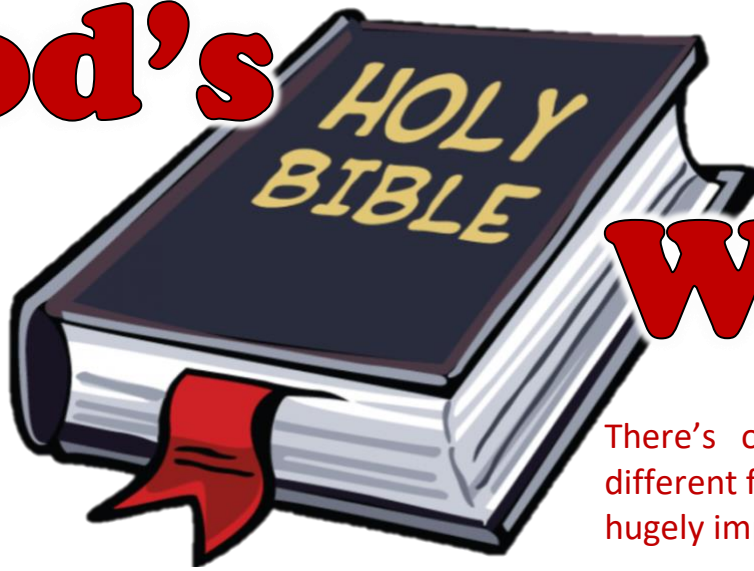


FEED YOUR FAITH



Colour in the picture!

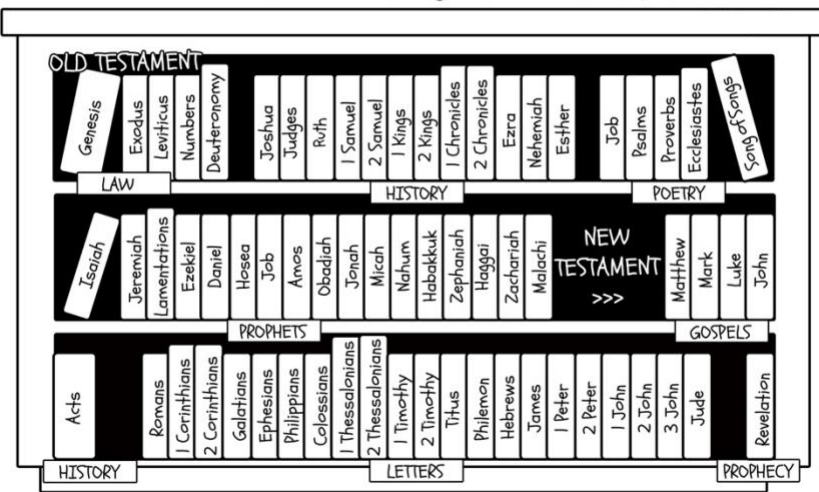
God's



Word ..

There's one big reason why the Bible is different from ever other book, and why it's so hugely important.

Books of the Bible



Here's why (fill in the missing letters!)

All _____ is

The books of the Bible were all written by a variety of human authors: **but** .. what they wrote was 'breathed out' by God Himself as His Spirit worked and wrote through these writers.

Colour in the picture!



All of the books in the **Old Testament** were written before Jesus and are pointing to forward Him.

Count how many there are

All the books in the **New Testament** were written after Jesus was here on earth and look back to all that He did and accomplished

Count how many books there are here

How many books are there in the whole Bible?

That means that through the Bible
God is speaking to us!

In the words you've filled in above, pick out the letters which fall on the **red** or **green** lines.

What word do those letters spell?

useful ..

The Bible is God's Word: He is its original 'author'

It's the way He has spoken and the way He continues to speak to us.

When we read and learn from the Bible, we're listening to Him!

Write down what the Bible's useful for

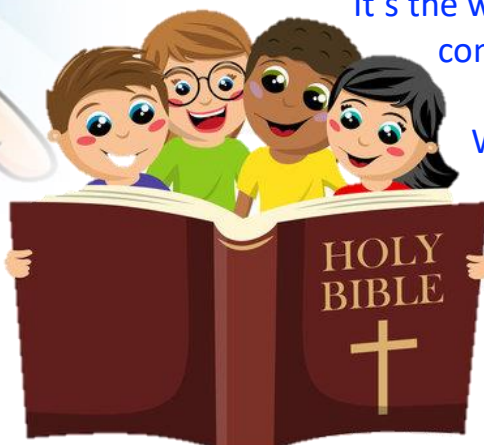
t _ _ _ _ _

r _ _ _ _ _

c _ _ _ _ _

t _ _ _ _ _ in

_ _ _ _ _



The Bible is important, first of all, because it comes from God.

But it's also important because of what it's useful for.

"All Scriptur~~e~~ is God-breath~~e~~d and is useful for ~~teaching~~, ~~rebuking~~, ~~correcting~~ and training in ~~righteousness~~, so that the servant of God may be ~~thoroughly~~ equipped for ~~every~~ good work"

.. equipped

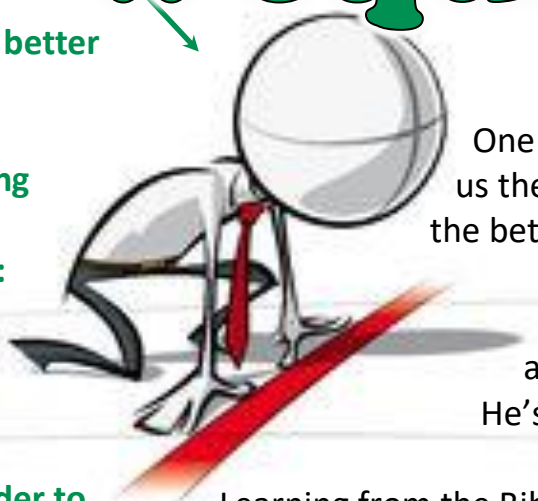
You need to be well TAUGHT: that helps you get to know God better

You need to be REBUKED when you're getting things wrong

You need to be CORRECTED too: that involves you being shown the right way of doing things

You need to be TRAINED: as an athlete is 'stretched' in order to perform at their best, so the Bible will 'stretch' you to be your best for God

That helps ensure you're well and truly equipped to serve the Lord!



One big reason why God has given us the Bible is to ensure that we're the better able to **serve** Him.

He wants His people to be able to share in the work that He's doing in the world today.

Learning from the Bible helps to get us 'fit', able to share the good news about Jesus with our family and friends, and show how great and amazing He is!



A Prayer

Think about what you've been learning in this worksheet.

Now try praying this prayer (or making up your own prayer!)



Thank You for giving us the Bible, Lord Jesus!

It's amazing to think that You're the Author and that through the Bible You keep speaking with us!

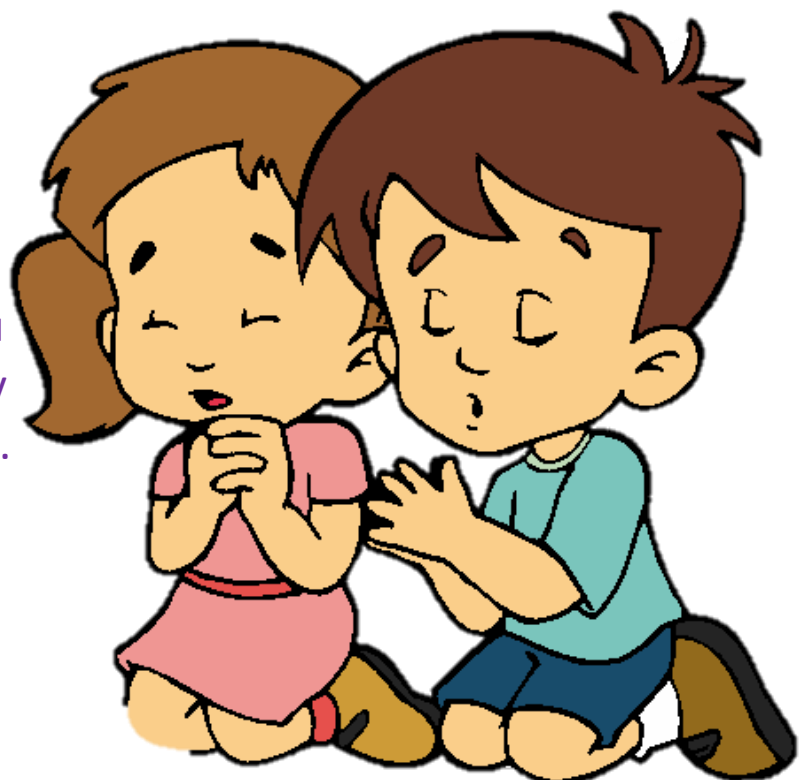
There's so much to learn! But I want to be a good learner.

So please help me to hear what You're saying, to understand what's been spoken, and to put into practice what I'm learning.

Thank You for all the people who help me to learn from the Bible.

Help me to learn how to serve You well in everything I'm doing day by day and to point others to you too.

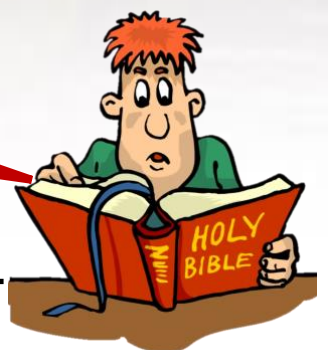
Thank You, Jesus, for everything. You're the best!



Today's verse for you to try and remember!

**"all Scripture
is God-breathed and is useful
for teaching, rebuking,
correcting and training
in righteousness"**

2 Timothy 3.16



A WORDSEARCH

Here's a Wordsearch on the books of the Bible. See if you can spot them all!

LYRMMXNIC TXKRSOMAHFKMWYGMICAHTR
 VLRRJRTKAOXIH CALAMTKT1KHEMDTKTS
 L XKRTKDZYGLDMNNJQRQTZRSDTNYKZGE
 LKGM LDWYMG OJZMGXTDHABLAJOEMGRT
 REVELATIONOASKGPNHTMQNFLMMMSTMS
 SBREVORPCJWNHSSNHOJ1R1NFTUFIITA
 PHILIPPIANSXOAIZR2RBNTFRHHERTSI
 TYHCTRCTMKLNLRLATTRTBHWDCFHLL2S
 MPVAHEBREWMAKEHNZPKNEBPASTNLRE
 HHRWNNHXVHSSHHE TVSRLJSVNTNK1PRL
 AAKMMORBZ2AANSULUKEEVSH2PAIPKNC
 BIGLLKJRPLIISANMKEDLPAESGIVEKOC
 AMWTDYOEXRHAAYIRCUDMVLXAVTHTLME
 KENNGMTNAALGJSXHJNBGROOMRACEYOZ
 KHQJAEHHIOALMBITTYVTBNDUJLYRLL1
 UEHNRNCMNGFRNMTVKNTCQUIERAKFZOC
 KNSFNEEI QXJXZPNHBDITLASLJGMTTSH
 MHTLZRAATJBNCENHMWVRCNLGQKTEBFR
 TVFNENXCQFKRBDQALJNLOS RHZSQQSOO
 XTYJSLTTSNAIHTNIROC1FCMLENLHGN
 ZFZRTFN SHBHDHNMDLZTMNN2LSZSHLNI
 RRBQRUTHWJONNTZAS MVKMMCNJEREDOC
 YBYESTHERLSLKENBUFLT TIAKGNIWBSL
 SREBMUNDKPEKPNZOTMHFNINDRKQEKQE
 SGNIK2YMTVAHOJMJINRO SXUHEWTHXJS
 KLAKPFTCIDAM1RODTLRENJRZORKTXXR
 GNUVRKT TMNEKKECFRHHKHNEXTJNTPLD
 JRHPBBIRILIGLLTKCPPVOCJHJR2AMFM
 KVSJMCTAINXMM LX2EKMBJLWONONMLVV
 VROYUNHHGVYHTOMIT1BK3TQNB DHRVHL
 MBJSQK PSTLAMENTATIONSWBTL LXNZXR

- | | | | | |
|-----------------|-----------------|-----------|--------------|-----------------|
| 1 Chronicles | 2 Thessalonians | Galatians | Jude | Philippians |
| 1 Corinthians | 2 Timothy | Genesis | Judges | Proverbs |
| 1 John | 3 John | Habakkuk | Lamentations | Psalms |
| 1 Kings | Acts | Haggai | Leviticus | Revelation |
| 1 Peter | Amos | Hebrews | Luke | Romans |
| 1 Samuel | Colossians | Hosea | Malachi | Ruth |
| 1 Thessalonians | Daniel | Isaiah | Mark | Song of Solomon |
| 1 Timothy | Deuteronomy | James | Matthew | Titus |
| 2 Chronicles | Ecclesiastes | Jeremiah | Micah | Zechariah |
| 2 Corinthians | Ephesians | Job | Nahum | Zephaniah |
| 2 John | Esther | Joel | Nehemiah | |
| 2 Kings | Exodus | John | Numbers | |
| 2 Peter | Ezekiel | Jonah | Obadiah | |
| 2 Samuel | Ezra | Joshua | Philemon | |

COLOUR in the picture



Here are the answers to the questions on p.1

- 1) T 2) F 3) T 4) T 5) T 6) F 7) T 8) F 9) T 10) F 11) T 12) T 13) T 14) F 15) T