

Tonight's

passage – Philippians 4.⁸⁻⁹

theme – **The God of peace**

*This is a picture of Jesus standing in the boat when the storm was raging and commanding 'Peace!'
See if you can find the picture on every page ...*

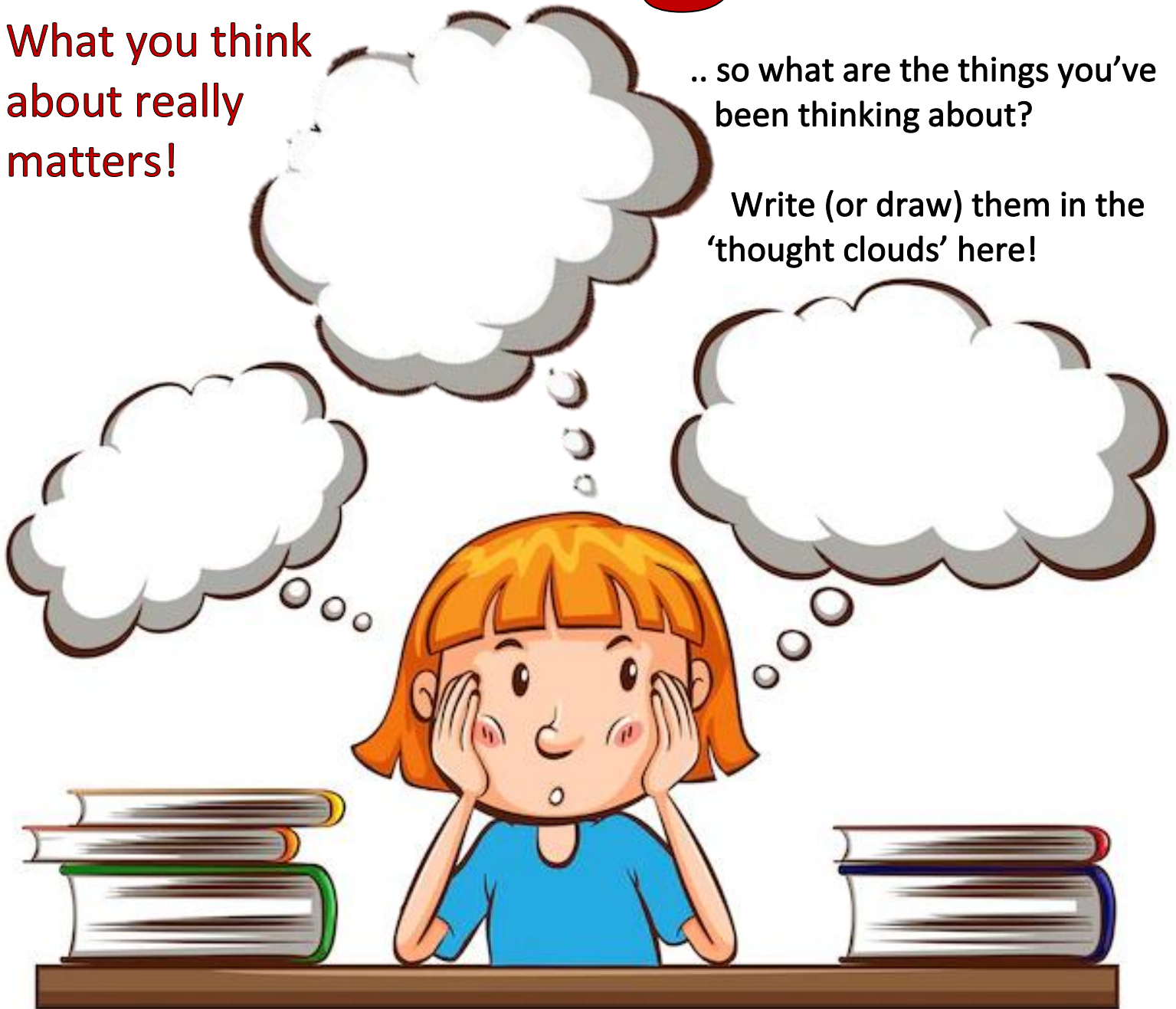


thinking ...

What you think
about really
matters!

.. so what are the things you've
been thinking about?

Write (or draw) them in the
'thought clouds' here!



Our brains are an amazing part of the way we're made!

Your brain can process **11 million bits of information** every second.

But our *conscious* minds can handle only 40 to 50 bits of information
a second: that's about **2,500 things every minute** .. wow!





Sometimes it's very difficult to get our eyes on anything other than what's right in front of us!

For instance, try looking at this picture and see if you can see the objects which are shown below.

It's not easy to see them – all you can see is the family looking through the telescope!

When Paul wrote this letter to the church in Philippi,



he was wanting them to learn to look beyond the immediate problems they might have – and to be able instead to see the Lord.

It's just a couple of verses that we're mainly looking at in tonight's passage. In them Paul explains that what we concentrate our minds on makes a huge, big difference!

FAMILY NIGHT OUT
Can you find these hidden objects?

 carrot	 hat	 mitten	 thumbtack	 pencil	 lollipop	 toucan
 canoe	 caterpillar	 glove	 mug	 banana	 toothbrush	 shoe

illustration by Chuck Dillor

So ... what should you be thinking about?



fix your eyes on Jesus



Read

Philippians 4

verse 8

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things.

Look at verse 8 (on the right) and fill in the missing letter of each of the words below.

See if you can work out what 8-letter word the 8 missing letters spell. It's another word which describes what God is like! (I've given you a start by putting on of the letters in for you!)

tr_e

_oble

ri_ht

pu_e

l_vely

admirabl_

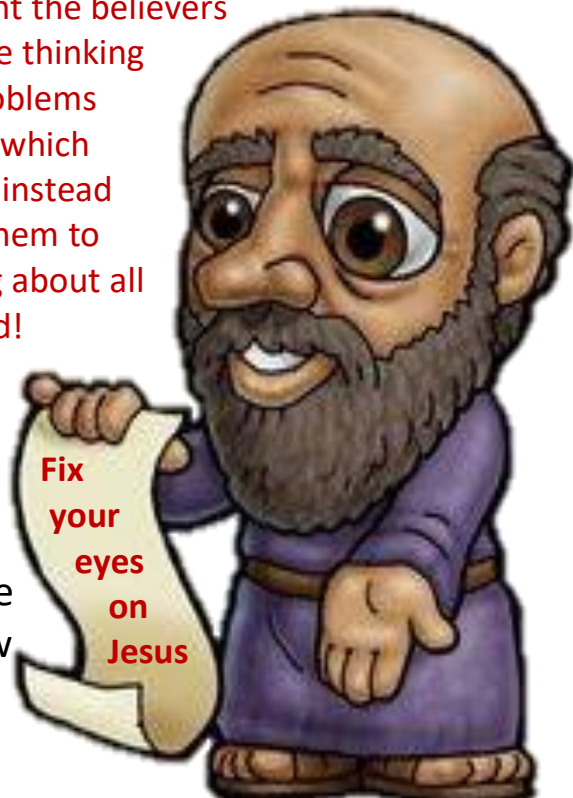
exc_llent

prai_eworthy

God is very

e _ _ _ _ _

Paul didn't want the believers at Philippi to be thinking about their problems and the things which worried them: instead he wanted them to be thinking about all things good!



All the words Paul used above are words which could be used to describe God Himself!

Think about how **true** God is to His promises, how **noble** He is in all He does, how **right** He is in the way He goes about things, how **pure** He is in His character, how **lovely** He is in His qualities, how **admirable** He is in all His plans, how **excellent** He is in all His work, and how altogether **praiseworthy** He is in every regard!



the example of others

Read
Philippians 4
verse 9

⁹ Whatever you have learned or received or heard from me, or seen in me – put it into practice. And the God of peace will be with you.

Sometimes it helps to know that others have been through tough times and faced problems – and found that the Lord has wonderfully helped them!

That's why Paul urged the believers at Philippi to remember how Paul himself had faced such problems and how the Lord had both looked after him and used those situations to work in the lives of others.

Paul had faced a lot of difficulties **getting to**

Rome (from where he was writing this letter).

But the Lord had worked in some amazing ways to keep him safe and to use him powerfully in the lives of others.

You can read all about the adventures he had on that journey to Rome in **Acts 27.1-28.16**.

It's quite a story! And the Lord brought him safely to where he was meant to be. The 'God of peace' was with him all the time: Paul listened to what the Lord was saying, and did what the Lord said. **Do the same!**

Think about that story – and read the stories of other Christians and how the Lord looked after them!

Try this maze ...!

Paul was writing from Rome: but it had been an eventful journey!

START

END



He'd faced lots of troubles on the journey, but God had kept him safe!



See if you can help him through the maze to get him safely to Rome!





Think about what you've been learning in this worksheet.

Speak to God about what you've learned: if you want, use this prayer to help you

Lord Jesus, I'm glad that You love me and know everything about me!

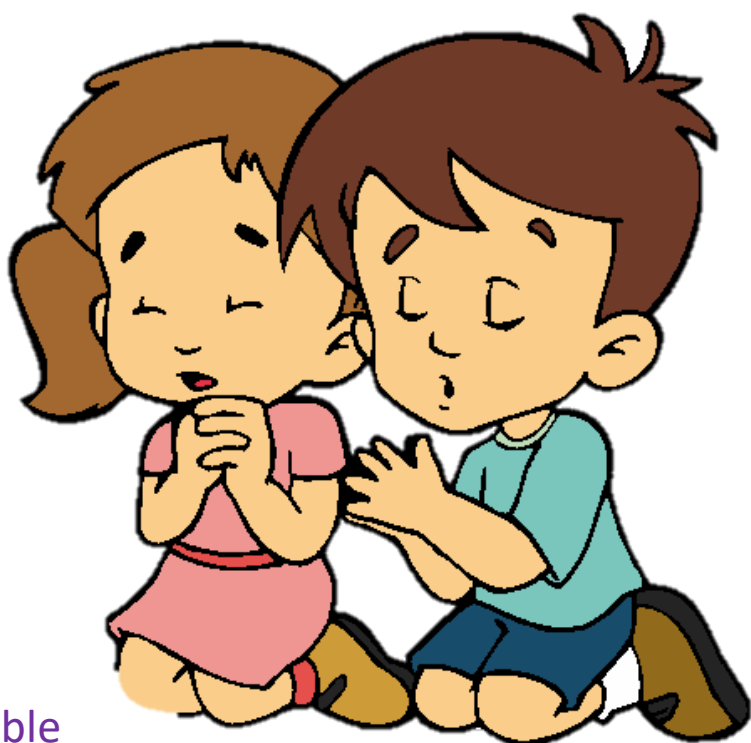
You know all the things which worry me and leave me feeling scared.
You know how I feel when things don't go the way I want them to.
You know when I've been hurt and when I'm feeling annoyed.
You know when I want to shout and have a tantrum!

I'm glad that You're able to sort out all the problems that I have.
Please help me to remember that when the problems come.
Help me to learn to look to You and trust in You always.

Thank You for all the people who've
been following You and trusting
You for years and years.

Help me to learn from their
example and to know that as You
helped them, so You'll help me too.

Thank You, Lord Jesus, that You're still able
to calm all the storms which come. You're the best!



Today's verse for you to try and remember!

".. think about such
things .. and the God of
peace will be with you"

Philippians 4.⁶



A WORDSEARCH .. 3

try this wordsearch about the peace Jesus gives

Peace of Mind and Heart

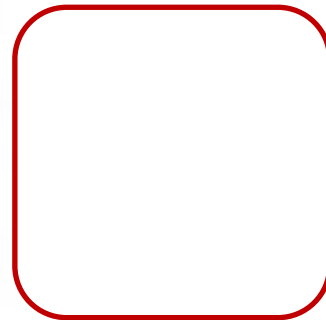
I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid. John 14:27 (NLT)

Based on John 14:23-29

N C D U H O M E Z R E R O Q T
N C W T N B N U Y M Q Q A K Y
S W P B R Q B Y O T D J F R M
U J E F Y M E C D I M I W D Z
N P A L V W V D A S H K L H N
D H C O X Z J R D V O R L O G
Y J E V H F F R V O O Q W L R
Z A T E Z A O N W W X W L Y E
W A P E F W T M R O K N R F A
F M I H I N H C S O U A T C T
F A S V E B T E A C H I N G E
G O T B R A B U R C R G G E R
D L B H J P R V L I B Q L O Z
M N Y E E G X T P V J Z W A P
G D K I Y R G S S Q N P D M D



Try drawing your own picture of a 'dove of peace' in the box below



WORDS

TEACHING

GREATER

HEARTS

FATHER

AFRAID

SPIRIT

LOVE

WORLD

HOME

OBEY

PEACE

GLAD

HOLY

COME



COLOUR in the picture

Do you know where these words are found in the Bible? Fill in the blanks in the box

HE WILL BE CALLED

Wonderful
Counselor

Mighty God

Everlasting
Father

PRINCE OF PEACE

I _ A _ A _ 9 v _