

Tonight's

passage – Matthew 12.¹⁻¹⁴

theme – Restored!

Today's passage centres round a man being healed on the 'day of rest'. His hand was **restored** – he was able to **work** again. Jesus gave him a **HAND!** So try and find the picture of a hand on every page of the worksheet.

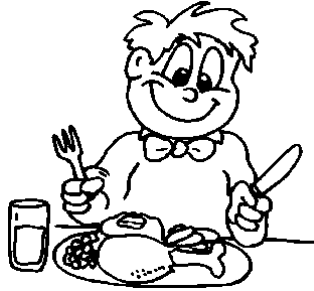
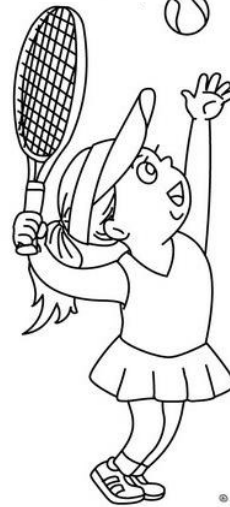


handy!

Write a list of all the different things which you've used your hands to do today –



Do some colouring too!



A vertical writing area with a spiral binding at the top and ten horizontal dotted lines for writing.



Read
Matthew 12
verses 1-14

the day of rest

At that time Jesus went through the cornfields on the Sabbath. His disciples were hungry and began to pick some ears of corn and eat them. ²When the Pharisees saw this, they said to him, 'Look! Your disciples are doing what is unlawful on the Sabbath.'

³He answered, 'Haven't you read what David did when he and his companions were hungry? ⁴He entered the house of God, and he and his companions ate the consecrated bread – which was not lawful for them to do, but only for the priests. ⁵Or haven't you read in the Law that the priests on Sabbath duty in the temple desecrate the Sabbath and yet are innocent? ⁶I tell you that something greater than the temple is here. ⁷If you had known what these words mean, "I desire mercy, not sacrifice," you would not have condemned the innocent. ⁸For the Son of Man is Lord of the Sabbath.'

The word we translate as 'Sabbath' comes from a Hebrew word meaning to

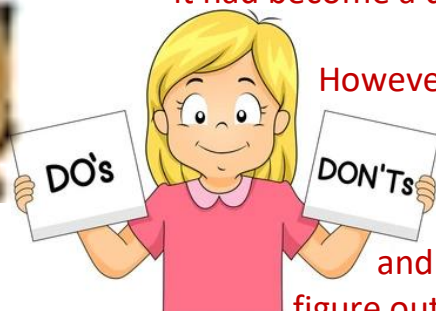


God said that His people were to **stop**, or *rest from*, their usual work, on the 7th day – which is what He'd done after the 6 days of bringing the world into being.

It was a way of reminding them that **He** is the one who does the work, and that **He** was the one who had set them free from their slavery in the land of Egypt.

But instead of being a day of

rest it had become a day of **rules**.



However, these weren't **God's** rules: they had been made up to try and help the people figure out how they could best spend this day as God meant them to.

They completely missed the point!
Jesus was going to put them right

How many points do you get for hitting the inner red ring on a dart board? Circle the correct answer – **10 25 50 100**





“Remember the
Sabbath.
 Keep it **Holy.**”

(Exodus 20:8)

Jesus was raised from the dead on a Sunday (the 1st day of the week) and after that His followers made Sunday the special 'day of rest'. So believers today **stop** what they normally do and

rest!



KEEP SUNDAY SPECIAL.

what
might you
do to keep
Sunday
special?



Read
Matthew 12
verses 9-14

restored!

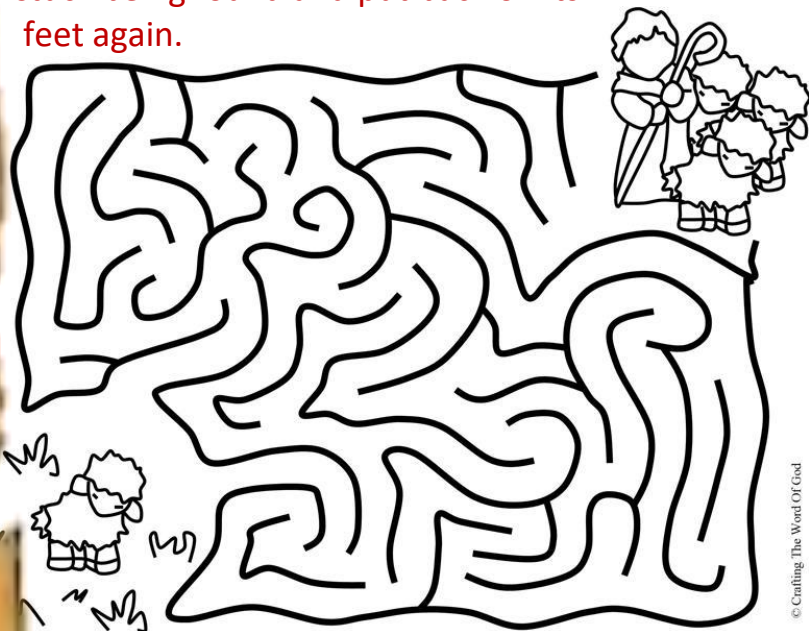
⁹ Going on from that place, he went into their synagogue, ¹⁰ and a man with a shrivelled hand was there. Looking for a reason to bring charges against Jesus, they asked him, 'Is it lawful to heal on the Sabbath?'

¹¹ He said to them, 'If any of you has a sheep and it falls into a pit on the Sabbath, will you not take hold of it and lift it out?' ¹² How much more valuable is a person than a sheep! Therefore, it is lawful to do good on the Sabbath.'

¹³ Then he said to the man, 'Stretch out your hand.' So he stretched it out and it was completely restored, just as sound as the other. ¹⁴ But the Pharisees went out and plotted how they might kill Jesus.

Jesus wanted to help the people understand what the 'day of rest' was really all about.

He said it was like a sheep which had got lost or stuck being found and put back on its feet again.



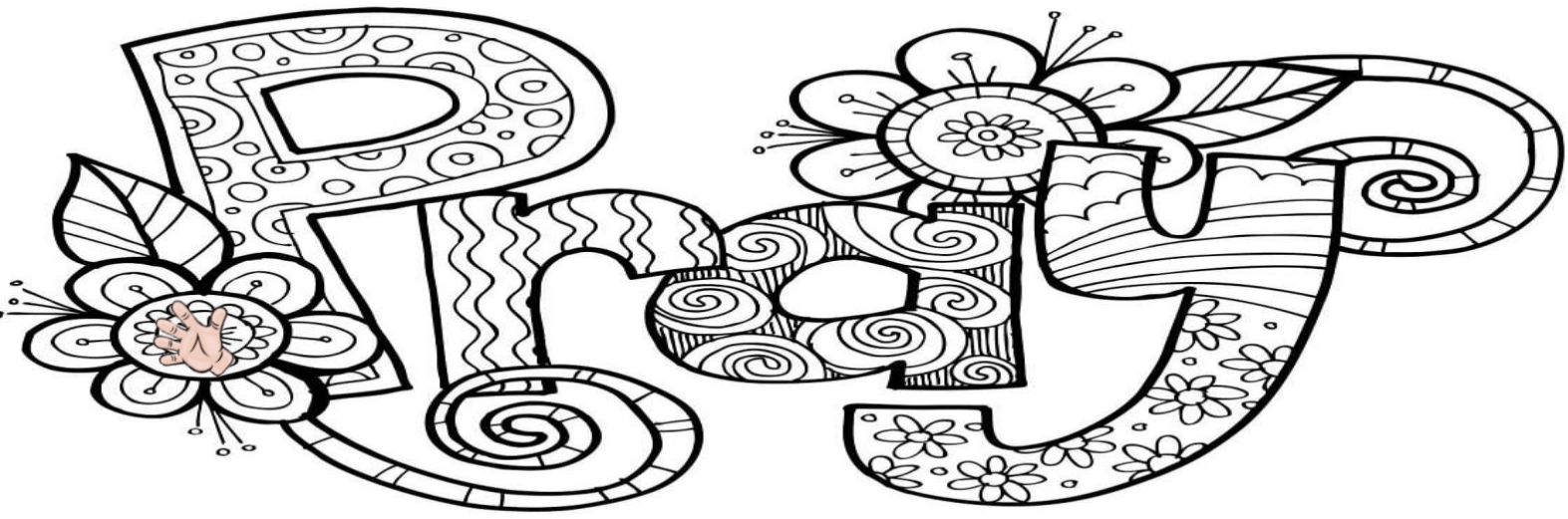
See if you can help the shepherd find the sheep

The man's shrivelled hand would have meant that he wasn't able to **work**.

Jesus healed the man's hand!

The man was **restored** and able to work again!





Think about what you've been learning in this worksheet.

Speak to God about what you've learned: if you want, use this prayer to help you

Thank You, Lord Jesus, that You set aside one day in seven for Your people simply to hang out with You!

It's amazing how You manage to run the whole universe – and yet You're never too busy: You always have time for Your people.

Sometimes I can end up too busy – seeing my friends, playing sports, doing my homework, visiting family, using my tablet .. all sorts of different things:

and then I can be so busy that I don't have time for You. I'm the one who misses out if that happens!

Thank You for helping me see through today's passage in the Bible that the day of *rest* is not meant to be a day of *rules* at all.

I guess I'm a bit like the sheep You spoke about! I can easily get in a bit of a hole, and I'm glad that You come to get me out of that hole! You're the best!



Today's verse for you to try and remember!

".. He said to the man,
'Stretch out your hand'. So
he stretched it out and it
was completely restored"

Matthew 12.¹³





WORDSEARCH



This Wordsearch is about Jesus as our good Shepherd! See if you can find the word **RESTORE**

R N L O V E E D S E O I I S L G R S K A
 I L L A I R D R L R E S T O R E C D E E
 G G E P G I I I B T T R E R R S N E P L
 H H D A C O T I O C A N S H E H S I F F
 T H L E Y L U V R D R H G N I H C A E T
 P O E E T O P L D T B V C E I T D U C P
 A P E O I S H E P H E R D C A S D E N S
 T E E L T I O H S F L T E H O O N O A U
 H U P L N U T G I E E F C U P N L D D S
 S R F A E H F L I D C H L S N D L S I H
 D A D C D L O F P O G R E U S E U E U I
 I I I B I O H A A H A B U N D A N T G L
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 N L O S D E V O L E B O U L U A A L K W
 A P I L E P H I C A U H O S F P N C C U
 W I T N E S S S S R T R B B P E N L C D
 H D S E L A W I C I I L D N A K C O L F
 A S H A U U C A P L S R P O W O G E G C
 S S S C S U D B H L D O O G I L S E I A
 R L Y A B T L O I T I E L V S R T Y D C

Still Waters

Identity

Guidance

Love

Restore

Celebrate

Life

Flock

Witness

Beloved

Teaching

Hope

Right Paths

Shepherd

Sheep

Soul

Abundant

Fold

Good

Call



COLOUR in the picture

